



<b>u3a Name: Aston Clinton</b>	<b>Date: April 2026</b>
<b>Name of person completing risk assessment checklist:</b>	
<b>Interest Group: Walking Group</b>	
<b>Description of Activity: Local Walks around Aston Clinton up to approx. 5 miles in length.</b>	

### WALK LEADER RISK ASSESSMENT CHECKLIST

This checklist is to help walk leaders in the planning for a walk. This isn't an exhaustive list, so think carefully about any specific risks you may encounter. It is likely that you will need to add to this risk assessment checklist. This form can (and should) be altered to suit specific walk requirements.

Where you identify a particular risk you should note the actions you will take to reduce the risk. It's important to carry out a risk assessment before the walk takes place, and you can always add to this during the walk.

	Checklist	Yes	No	N/A	Other notes and actions required to mitigate the risk if necessary
Recce	Have you researched the route you will be taking to identify any hazards and/or obstacles?				
	Have you given members an overview of the walk and the identified hazards/obstacles e.g. the number of stiles, likely boggy areas etc?				
	Do members know the length and difficulty of the walk?				
Traffic	Are there suitable crossing places on the road?				
	Are your attendees aware they must maintain single file on road sections?				Generally there should be no walking on main roads. Walking on minor roads to be kept to a minimum





	Checklist (Cont.)	Yes	No	N/A	Other notes and actions required to mitigate the risk if necessary
Animals	Have you notified members of any routes through fields with livestock in?				
	Are dogs kept on leads in relevant areas (such as around livestock, in urban areas)?			N/A	The general policy of Aston Clinton u3a is that dogs are not permitted on walks
	Are members aware of the increased risk of attack by cattle when walking with dogs?			N/A	The general policy of Aston Clinton u3a is that dogs are not permitted on walks
	Is there any danger of ticks or bites/stings?				
Safety	Do you have the correct equipment needed for walk navigation?				
	Have you taken an attendance register?				Attendance register for completion is provided by the Convenor.
	Do you have emergency contacts for all attendees?				
	Do you have a back marker to stay in sight and communication with group?				
	Have members attendees brought refreshments (such as water) for the walk?	✓			Individuals to take responsibility for their own drinks. Sweets provide for mid walk stop.
	Is there a first aid kit?			N/A	Individuals to carry their own First Aid Kit if they deem necessary
Weather	Have you checked the weather forecast for the day of the walk in advance?				
	Is there any danger of extreme temperatures, heavy rainfall, high wind or otherwise severe weather?				Walks are normally cancelled if severe weather is forecast. For Walk Leader and Convenor to decide.
	Have walkers brought suitable clothes and footwear, and appropriate items (such as waterproofs) for the weather?				Generally up to the individual walker to ensure they are suitably clothed but Walk Leader can take a view if any concerns.





Other identified risks:	What will you do to mitigate these risks?

<b>u3a</b>	<b>Walk Leader Risk Assessment Checklist</b>		
Version	Description of changes	Date of change	Review date
1.0	Aston Clinton u3a	April 2026	

